

# LIVE LIKE A WARRIOR

*(aerobic dance)*

intro WEILD SWORD OVER, SIDES,DOWN

1 GROUCHO OR LEAP FROG FRONT4;

GROUCHO SHUFFLE R4

GROUCHO OR LEAP FROG BACK;

GROUCHO SHUFFLE L4

3X

2 TOUCH FRONT TWIST ; 2R,2L;

FOLK STEP 4X

REPEAT

REPEAT 1 (2X), 2

1:50 WEILD YOUR SWORD FIGURE 8 PIVOT 4;

SIDE BEHIND SWORD CHOP SIDE AND DOWN

4X;SIDE TOUCH FRONT SWORD CHOP UP &

AROUND 4X

REPEAT

2:23 TOUCH FRONT TWIST; FOLK STEP 4X

TWO STEP SCARECROW; TAP SIDE PULL UP

REPEAT